



TAKE FULL ADVANTAGE! OF THESE PROMOTIONS!

Winter Wellness Day Packages

1 June – 31 August 2011

Spoil yourself this winter with a choice of three great Day Packages at The Hydro at Stellenbosch. In addition, book one of these packages with a friend and spend the night for only R600 per person sharing in standard accommodation including meals and facilities.

Invigorating Day R870

Hydro therapy treatment
Salt Glow full body exfoliation
Full body massage
Lunch



Relaxing Day R960

Hydro therapy treatment
Vitality massage
Balancing facial with hands and feet massage
Scalp massage
Lunch

Pampering Day R1 290

Cocoon wrap
Classic Babor facial with hands and feet massage
Pedicure with a hands paraffin dip
Lunch



Terms and conditions apply.

"3 NIGHTS" Special!

1 August – 31 October 2011

Start your summer rejuvenation at The Hydro with a three nights detox and relax package. This programme offers excellent value and will ensure that your winter ends on a positive and healthy note.

The package offers:

- 3 nights' accommodation, including meals and facilities
- A Hydro Wellness Consultation
- A Fitness Evaluation
- A Hydrotherapy Treatment
- A Full Body Massage
- A Detox Wrap
- A Reflexology Treatment

RATE PER ROOM OFFER:

| | SINGLE | SHARING |
|----------|---------|---------|
| Budget | R 4 404 | R 3 729 |
| Studio | R 4 704 | R 3 879 |
| Standard | R 5 154 | R 4 104 |
| Superior | R 5 454 | R 4 254 |



THE HYDRO AT STELLENBOSCH

SA's Premier Natural Health Destination

Where it's all about you...

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