



## Season's Greetings!

It's almost impossible to believe that we have reached the end of 2008! With many of us taking a well deserved break, you may find yourself busy with those last minute items you have not been able to get to.

Allow us to assist you with a hassle free Gift Voucher for that special person in your life, and receive an additional discount voucher of 10% off the accommodation, meals and facilities part of your next reservation for any 3 to 14 Day programme of your choice. Call our Reservations Consultants today on +27 21 809 3805 / 3940 / 3945 to assist you with choosing the most beneficial package or treatment.

## What's new at The Hydro?

Wow, what a ride... it has been a buzzing year at The Hydro. With phase two of our renovations completed, a feeling of renewed positive energy can be felt throughout the rejuvenated facilities. All rooms have been upgraded with luxury linen, comfortable beds, stylish curtains, patio furniture and much more.

Other improvements include a new Day Guest facility next to our Indoor Pool with new change rooms, Pool loungers, new Gym equipment, modern Relaxation beds, Digital Manicure and Pedicure chairs, two new Executive Rooms, and many more. Planning a break-away with friends or family? Ask our Reservations Consultants about Family accommodation available.

Guests can now also enjoy a new range of specialized packages, treatment combinations, and products including the latest addition – BABOR Professional Cosmetics. With a wide variety of premier skincare systems, treatments include the "Spa around the World" range, with choices such as "Khanya of Africa", "ScenTao of Asia" and much more. Call us today to find out more about our new treatments.

Rediscover The Hydro and reap the benefits of a balanced lifestyle, accompanied by personal attention, ensuring that you fully benefit from the philosophy supported for the past 36 years. Most of our facilities have received a face lift to ensure that guests can enjoy added comfort and value - beautifully complimenting our services. Watch this spot for more additions to our services and facilities to come.



## Hydro Loyalty Programmes and Wellness Memberships launching in 2009

We are excited to announce that The Hydro's **Loyalty Membership** programme will be launched on 1 January 2009. A limited amount of **Wellness Memberships** will also be launched on 1 January 2009. Guests choosing this offer will receive special benefits, discounts, added value and access to certain facilities. More information on these two programmes will be available on our website from 1 January 2009. Call our reservations department to get onto the list early.

## Hydro Road Show

This year we joined various Institutes, Business, Retirement Villages and Women's Days for informative lectures and workshops on Healthy Lifestyles, Balance and Anti-Aging. We also had the wonderful opportunity to join well known actress and Motivational Guest speaker - Brümilda van Rensburg at a Women's Day in Gordon's Bay where we presented a Galvanic Anti-Aging workshop to the ladies. Hanneli from our Skincare department performed the demonstrations and assisted ladies with advice and guidance.

Call our Marketing Manager, Kobus Scheepers today to discuss a possible Road Show for your 2009 Event, or to find out more about Road Shows near you.

**Visit us at The Women's Show**, CTICC Cape Town from 20-22 February 2009 - **Stand Nr. E03**. The Women's Show is South Africa's only lifestyle exhibition dedicated entirely to Women, celebrating every aspect of a woman's multi-faceted life – presenting over 130 exhibits, 2 stages showcasing 140 live events and 6 interactive feature areas. See you there!



## 2009 Promotions and Special offers

*(TERMS & CONDITIONS APPLY)*

### The month of Romance (February – March 2009)

- 3-14 day packages get 10% off accommodation, including a R300 complimentary treatment voucher.
- Day packages and Weekenders receive a R150 complimentary treatment voucher with each booking.

### Renaissance Winter Wellness (May – August)

- Stay 7 Days and get 3 complimentary nights.
- Added value: Invite a friend on any package & give them free accommodation for their entire stay.

### Early Bird Promotion (September)

- Book between 1 July and 31 Aug for your September and October break-away to receive 10% off the complete package on all 7 Day packages.

Log onto our website or call our Reservations consultants today and ask them to keep you updated with more special offers to come.

## And the Award goes to...

This year's Annual Year End Award function took place at the Stellenbosch Lodge on 21 November 2009. We would like to take this opportunity to congratulate all Award winners and thank them for their outstanding service and dedication.

*From left to right:* Herbie van der Merwe, Ms. Colleen du Preez (Managing Director), Cindy Bantam, Jackie Neethling, Reinette Johannes, Arionette le Keur, Mario Benjamin, Lynn Clarke, Meleny Hugo, Debbie Knoesen, Maureen Williams, Stian Terblanche and Mrs. Petro Heydenrych (Chief Executive Officer)



## Health Theme Months

Wellness is a combination of emotional, environmental, mental, physical, social, and spiritual health. During The Hydro's Health theme months, each month will offer a dedicated week, filled with related activities. Share ideas, build relationships, and meet Public figures and well known Influential Motivational Icons specially invited to address our guest on a variety of informative topics. Book your preferred package as advertised on our website to join us for any of the following special events:

- April: Women's Wellness Week
- June: Mind Detox Week
- August: Corporate Wellness Week
- October: Fitness Awareness Week

Keep a look-out on our website for more information on these exciting theme weeks.

**The Hydro Management and Staff would like to wish our guests a fabulous Festive Season and a prosperous 2009.**